

SUMTER COUNTY BOARD OF COMMISSIONERS
EXECUTIVE SUMMARY

SUBJECT: Approval of Blue Cross Blue Shield Comprehensive Worksite Wellness Partnership Agreement and Annual Health Assessment Report and Executive Overview

REQUESTED ACTION: **Board Approval of Agreement**

☐ Work Session (Report Only)

☒ Regular Meeting

DATE OF MEETING: November 9, 2010

☐ Special Meeting

CONTRACT: ☐ N/A

Vendor/Entity: Blue Cross Blue Shield of Florida

Effective Date: November 9, 2010

Termination Date: _____

Managing Division / Dept: _____

Support Services/Risk Management

BUDGET IMPACT:

☐ Annual

☐ Capital

☐ N/A

FUNDING SOURCE: _____

EXPENDITURE ACCOUNT: _____

HISTORY/FACTS/ISSUES:

Each year Blue Cross Blue Shield (BCBS) conducts a voluntary on-site Health Assessment for all participants in the Sumter County BOCC Health Plan. This year, our Health Assessment was conducted by BCBS during our Health and Benefits Fair in August 2010. The results of this year's Health Assessment and a Six-Year Executive Overview provided by BCBS are attached for review.

A few key points to note include an increase in the participation in the Health Assessment from 60 in 2009 to 109 for 2010; although improved slightly, a very high percentage of our employees fall into a borderline or high risk category for Nutrition (91%), Overweight/Obese (71%), and Physical Activity (61%). Work-Job related Stress is also up from 58% to 66%.

The Comprehensive Worksite Wellness Partnership Agreement ensures that BCBS will provide tools and resources to assist Sumter County in promoting wellness and Sumter County will support the efforts, initiatives and recommendations of BCBS. The desired outcome is to promote and improve employee physical and mental wellness, reduce absenteeism while also reducing long term health care costs.
